



Measure

- A Height
- B Chest
- C Waist
- D Hip
- E Side seam
- F Arm
- G Thigh
- H Inside leg length
- J Inside thigh length
- K Biceps

- A) Height: measure the height of your body from top of your head to the end of your legs
- B) Chest: measure around the chest horizontally at the widest point
- C) Waist: measure around the narrowest part of your waist
- D) Hips: measure around the widest point
- E) Side seam: measure from waist to the end of your leg
- F) Arm: measure from the base of your neck to the end of your sleeve from the upper side of your arm
- H) Inside leg: measure from the top of you inside leg to the end of your leg

Please pay extra attention to the measurement table. It is possible to notice differences in sizes of different manufacturers! Bryzos follows the measurements described in the table below and cannot be held responsible for wrongly taken measurements.

Men /unisex/ sizes

SIZE	S	M	L	XL	XXL	XXXL
Measure						
A Height	168-172	173-177	177-180	180-182	183-185	186-188
B Chest	88 - 94	94 -100	100-106	106-112	112-118	118-124
C Waist	76 - 82	82 - 88	88 - 94	94 -100	100-108	108-112
D Hip	90 - 96	96 -102	102-108	108-114	114-118	118-122
E Inside leg	77 - 78	78-79	79 - 81	81 - 82	82 - 83	83 - 84
F Arm	61 - 62	62 - 63	64 - 65	65 - 66	66 - 67	67 - 76

Women sizes

SIZE	XS	S	M	L	XL	XXL
Measure						
A Height	158-160	160-164	164-168	168-170	170-172	172-176
B Chest	82-86	86 -90	90-96	96-102	102-108	108-112
C Waist	64-68	68-72	72 - 76	76 -82	82-88	88-94
D Hip	84-89	89-94	94-100	100-106	106-112	112-118
E Inside leg	69-70	71-72	73-74	75-76	76-77	78-79
F Arm	59-60	60-61	61-62	62-63	63-64	64-65

Kids sizes

SIZE	120	130	140	150
Age	6-7	8-9	10-11	12-13
Measure				
A Height	116-125	126-135	136-145	146-155
B Chest	60-64	65-70	71-75	76-79
C Waist	55-57	58-60	61-64	65-68
D Hip	66-70	71-74	75-80	81-84
E Inside leg	52-55	56-59	60-64	65-69
F Arm	40-43	44-47	48-52	53-56